

CERTIFICATE

OF PARTICIPATION

This is to certify that

James Wood

Has successfully participated & completed the

10km Ezemvelo Trail Run Challenge 2017

held at Cowhouse Market.

TIME 01:15:58

PACE 07:34/km

OVERALL 23 of 124

GENDER 17 of 65

40 - 49 5 of 14

11 November 2017, Sat

Date



BoutTime